

## **EXPLORING THE EXPERIENCES OF WORKING SINGLE MOTHERS AND FAMILY MANAGEMENT IN FELDA SUNGAI KOYAN**

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### **ABSTRACT**

The struggle of single mothers in Malaysia often receives attention from many parties. However, efforts to assist them in their daily lives, such as assistance for single mothers and their children, are still insufficient. Therefore, this study was conducted to explore the experiences of working single mothers and family management. The main objectives of this study were to i) identify the challenges encountered by single mothers, ii) analyse the best methods for single mothers to overcome their obstacles, and iii) understand the societal perceptions of working single mothers in Felda Sungai Koyan, Pahang. This study employed an interview method with five single mothers as a participant with ages ranged from 42 to 56 years old. From the findings, the participants articulated the challenges they encountered throughout their journey as a single mother, highlighting the hardships of balancing their job and caring of their children. Numerous methods exist to aid single mothers in supporting and raising their children, including self-awareness and special support for single mothers. Single mothers in this community receive commendable support and services. This instills a sense of importance and appreciation throughout the community of Felda Sungai Koyan. The result of this study is to contribute to the knowledge of working single mothers. This study can offer valuable insights to single mothers and positively impact children and families through its findings. By recognizing the challenges they encounter, society may work to cultivate a more inclusive and supportive environment.

Keywords: Single Mothers, Family Management, Self-Awareness.