**Authors Guidelines**

**Page Setup**

* Page Size: A4
* Margins:
	+ Top: 0.76 inches
	+ Bottom: 0.42 inches
	+ Left: 0.42 inches
	+ Right: 0.42 inches

**Header and Footer**

* Header: 0.24 inches from the top
* Footer: 0.28 inches from the bottom

**Font and Spacing**

* Font: Times New Roman, size 12 throughout the document
* Line Spacing: Single (1.0)
* Paragraph Spacing: 12pt before and after each paragraph

**Title Page**

* Paper Title: Bold, centered, font size 18
* Author Names and Affiliations: Bold, centered, font size 12
* Corresponding Author: Identify with an asterisk (\*) and provide contact details.

**Abstract and Keywords**

* **Abstract:** Provide a summary (200-250 words) of the research, including objectives, methods, results, and conclusions.
* Keywords: Include 3-5 keywords relevant to your study.

**Main Text**

* Headings:
	+ Main Headings (IMRD sections like Abstract, Introduction, etc.): Bold, uppercase, font size 14
	+ Subheadings: Bold, font size 12
	+ Other Content/Text: Font size 12

**Figures and Tables**

* **Placement:** Insert within the manuscript, near their first mention.
* **Quality:** Ensure high resolution and clarity.
* **Captions:** Provide descriptive captions for all figures and tables.

**References**

* **Style:** Numeric form (e.g., 1., 2., 3., etc.)
* **Format:** Follow APA (American Psychological Association) style for citations and references. Ensure completeness and correctness.